

## Lunch Menu Middle & High School March 2023



Meal Prices Grades 6-12
Breakfast Full Pay: \$2.50
Lunch Full Pay: \$4.00
Milk Only: \$4.00
Breakfast and Lunch are FREE to all
Free and Reduced Students

	Monday	Tuesday	Wednesday	Thursday	Friday
			3/1/2023	3/2/2023	3/3/2023
Lunch is served with a choice of milks, and a trip through our colorful fruit and veggie garden bar	To apply for free/reduced price meals there are a few options: Online through Family Access, Paper Applications are available at your school or Email child_nutrition@sumnersd.org to receive an application via email		Hot Italian Sub Sandwich w/Tots	Beef Teriyaki Dippers w/Rice & Broccoli Bowl	Chicken Alfredo w/Pasta & Garlic Toast
	3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
	Chicken Strips w/Tater Tots & Roll	Beef Nachos	Chicken w/Mashed Potatoes & Roll	Sweet & Sour Chicken Potsticker Bowl	Macaroni & Cheese w/Garlic Toast
	3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Additional Daily Options include:	Chicken & Dutch Waffle	Pí Day Beef Nachos	Hot BBQ Pork Sandwich w/Tots	General Tso's or Orange Chicken w/Rice Bowl	Chicken Alfredo w/Pasta & Garlic Toast
*Pizza Variety	3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
*Cheeseburger  *Chicken Burger  *Fresh-Made Deli	Chicken Strips w/Tater Tots & Roll	Beef Nachos	Chicken w/Mashed Potatoes & Roll	Sweet & Sour Chicken Potsticker Bowl	Macaroni & Cheese w/Garlic Toast
Sandwiches & Wraps	3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023
*Fresh-Made Garden Salads	Chicken & Dutch Waffle	Beef Nachos	Hot BBQ Pork Sandwich w/Tots	Beef Teriyaki Dippers w/Rice & Broccoli Bowl	Chicken Alfredo w/Pasta & Garlic Toast

Breakfast is available at all schools daily!

Choose from a rotating selection of hot favorites

or grab-and-go items, served with fruit and milk.

For nutrition and ingredient information go to our online menus at: https://www.myschoolmenus.com/instance/626/district/531

Follow us on Twitter for updates @Sumnersdlunch Child Nutrition Services (253) 891-6450 child\_nutrition@sumnersd.org

This institution is an equal opportunity provider.