

# Spring Activities 2012



*Join our 4th Annual Adult Flashlight Egg Hunt -Details on Page 6*



*See Pee Wee Soccer, Page 3*

## RECREATION DEPARTMENT

*The Sumner/Bonney Lake Recreation Department would like to extend a very special thank you to  
Dr. David Molen of Molen Oral & Facial Surgery for his generous support of youth sports.*

Sumner School District  
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Sumner, WA 98390

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# THANK YOU TO OUR BASKETBALL SPONSORS & COACHES!!!

RECREATION PROGRAMS

## 1st Grade Boys & Girls Combined Division

### Sponsor

5 Star Auto Glass  
Bulldogs  
Gustafson Insurance  
Henry Weinhard's Rootbeer  
Jumpin' Jack & Jill  
Met Life Auto & Home  
Nicholson's Pharmacy  
Robert Corliss, M.D.  
Spartan Agency, LLC  
Tiny's Tire Factory of Sumner

### Coach

Cathy Lonn  
Justin Carlo  
Marci Preston  
Dan Ursenbach  
Paul Patterson  
Spencer Riebli  
Enrique Goldstrom  
Bryan Taylor  
Jeff & Amy Wood  
Brad Jung

## 2nd Grade Boys Division

### Sponsor

Dill Brothers Construction  
FSI  
Kitsap Bank  
Panther Wrestling  
State Farm Insurance-Dan McClung  
Timber Ridge Animal Hospital  
Wilderness Hay, Inc.

### Coach

David Swanson  
Phil Hughes & Andrew Cleveland  
Scott Davidson  
Milt DeAsis  
Tod Gilbertson  
Joe O'Brien  
Craig Deaver

## 3rd Grade Boys Division

### Sponsor

Bill's Fishin' Hole  
Bonney Lake Family Dental Care  
CA Anderson - Wildcats  
Gurglepote, Inc.  
Orangutan Roofing  
PEP Boys  
Plateau Pharmacy  
Urban Timber Coffee

### Coach

Michael George  
Carrie & Paul Lorkowski  
Dave & Tammy Heldt  
Denny Lubash  
Kelen Goetz & Scott Sousa  
Marci Preston  
Mark Edwards  
Mark Leigh & Randy West

## 4th Grade Boys Division

### Sponsor

Children's Dental Care  
JD Technologies  
The Bullying Stops Here!  
Tru-Colors Painting

### Coach

Tim Miller  
Don Sandretzky  
Phil Hughes & Paul Ortega  
Travis Young

## 5th Grade Boys Division

### Sponsor

Babbitt Insurance  
Bonney Lake Les Schwab  
Molen Orthodontics  
Stove Tech  
The Shop  
Valley Freightliner

### Coach

Dave Babbitt  
Shanny Krueger & Rick Boevers  
Jeff Zenisek  
Rocco Cacciatore & Gentry Stretz  
Dan Wulff  
Daniel Baker

## PeeWee Basketball

### 3/4 Division

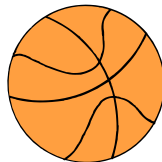
Cheetahs  
Cougars  
Huskies  
Lightning Spiders  
Rockets  
Sharks

### Coach

Danielle Sayers  
Mark Edwards  
Adrian Andino  
Ashley Metzger  
Don Nussbaum  
HJ Williams

### 5/6 Division

Angry Birds  
Bulldogs Rock  
Cougars  
Dragonfire  
Huskies  
Husky Bulls  
Lightning Bolts  
Lions  
Sonic  
Sounders  
Thundercats



### Coach

Andy Hart  
Bryan Bright  
Judy Hairston  
Josh Price & Darci Vojir  
Leeann Vanderhoof  
TJ Bohl  
Kim Peters  
Dan Wulff  
Travis Russo  
Tim Hinkey  
Adam Kulaas

## 2nd Grade Girls Division

### Sponsor

aPrickly Fish! Design  
Brent's Crew  
Carlson Formetec  
Riverside Chiropractic  
Super Jump Party Zone

### Coach

Jeff Hermsmeyer  
Nancy Katzer  
Donnie Kilgore  
Jonathan Peck  
Scott Kober

## 3rd Grade Girls Division

### Sponsor

Gordon Trucking  
Henry Weinhard's Rootbeer  
Northwest Motorsport  
Raven Contracting, Inc.  
Sterling Athletics  
Sunset Chevrolet

### Coach

Darcie Jacobsen  
Curt Cullen & Calvin Parke  
Lori & Ed Nelson  
Leeann Vanderhoof  
Craig Deaver  
Nick Wakefield

## 4th Grade Girls Division

### Sponsor

Children's Dental Care  
Dancemakers Northwest  
S B A  
The Fab Shop

### Coach

Donnie Kilgore  
Duane Christensen  
Brett McDaniel  
Joe Lovett

## 5th Grade Girls Division

### Sponsor

BILT Right Fence Co.  
Black Widows  
Firecrackers  
Forest Canyon Coffee  
Molen Orthodontics  
Orangutan Roofing  
Roach Gymnastics

### Coach

Bryan Taylor  
Derrick Focht  
Steve White  
Darcie Jacobsen  
Larry Jensen  
Lori Nelson  
Peyton Jensen

## Select Basketball

### 5th/6th Grade Girls

Panther Elite  
Panther Elite  
SBA  
Sting

John Hofstrand  
Larry Jensen  
Tim Cutter  
Vic Robbins

### 7th Grade Girls

Rockets

Don Goethals

### 8th Grade Girls

Panther Elite  
Sumner Stomp  
White River

Dan Lisk  
Dan Lisk & Phil Selmer  
Don Goethals

### 5th/6th Grade Boys

Panther Elite  
Panther Elite - White

TJ Bohl & Dave Stevenson  
Tyler Goff

### 7th Grade Boys

Panther Elite

Dan Weed & John Barger

### 8th Grade Boys

Panther Elite  
SBA

Joel Herd  
Aaron Walker

### 9th Grade Boys

Panther Elite

Joel Herd



We would like to give a very special thank you to Land O'Frost Youth Sports for their generous sponsorship of our youth sports leagues. Please visit their Web site for additional information about Land O'Frost youth sports and to download special savings opportunities and coupons.  
<http://sweeps.landofrost.com/youthsports/ysform.html>



**• 2nd Annual Pee Wee Flag Football - Ages 5-8**

This is a coed, no contact flag football league. Children will be grouped into two age groups; 5/6 year old and 7/8 year old. Practices will be held on Saturdays 6/9 and 6/16. Five games will be on Saturdays 6/23 through 8/4. Practice times will be determined at the coaches meeting.

**Registration Deadline: Thursday, May 24**

**Cost:** \$40 residents/\$45 non resident  
**Site:** Local Sumner School District Fields



**• Miss Barb's & Miss Robin's Preschool Class - Ages 3-5**

Come join us for some fun! The alphabet, numbers, Spanish and Sign Language are introduced. Play games, read stories, make crafts, have circle time and show-n-tell. Children must be 3 years old by September 1, 2011 and toilet trained. Please have your child bring a lunch each day. Min. 6 Max. 12

**Day:** Mondays & Wednesdays

**Dates:** April 16, 18, 23, 25, 30,  
 May 2, 7, 9, 14, 16, 21, 23, 30  
 June 4, 6, 11, 13

**Times:** 11:00 AM - 2:00 PM

**Cost:** \$281

A non-refundable \$100 deposit will hold your place in class. The remaining balance of tuition (\$181) is due by April 30.

**Site:** Robert Miller Gymnasium  
 15206 Daffodil Street Ct. E, Sumner



**• Indoor Play Park**

Toddlers Rule! At "Indoor Play Park" everything is set up with kids ages 1-5 in mind. We have music, toys and equipment for a fun and safe play session. Parent must be present to supervise their children at all times. Space is limited to the first 35 children. A parent with three or more children must have an additional person to assist with supervision.

**Days:** Tuesdays & Thursdays through June 14  
 Closed on all observed holidays and no school days

**Times:** 9:30 AM - 11:30 AM

**Cost:** \$3 per child at door or \$25 for a 10 visit punch card

**Site:** Robert Miller Gymnasium  
 15206 Daffodil St. Ct. E, Sumner

**• Busy Bugs Preschool - Ages 3-5**

Have fun learning in our interactive, hands-on preschool. Our curriculum is a balance of academics, social skills and decision making with a fitness/healthy living emphasis. Includes 45 minutes of gymnastics weekly. Max. 16

**\*\*PLEASE NOTE: CLASS IS CURRENTLY FULL\*\***

**Days:** Wednesdays & Fridays

**Dates:** March 2, 7, 9, 14, 16, 21, 23, 28, 30  
 April 4, 6, 18, 20, 25, 27  
 May 2, 4, 9, 11, 16, 18, 23, 25, 30  
 June 1, 6, 8, 13, 15

**Time:** 10:15 AM - 12:45 PM

**Cost:** March, April & May - \$120 each month  
 June \$75

**Site:** Roach Gymnastics  
 1627 45th Street E, Bldg. D-103, Sumner

**• Kidz Love Soccer - Ages 2-6**

Learn the fundamentals of soccer through non-competitive, age-appropriate, imagery-based play in a recreational format. Children will develop large motor skills and socialization skills. Classes are taught by Kidz Love Soccer staff. Please note, this is a skills development class only - not a league with games. Shin guards required after first class with the exception of Mommy/Daddy & Me class. Parent participation required for Mommy/Daddy & Me class. Call (888) 372-5803 for rain-out information.

**Registration Deadline: April 11**

**Dates:** Sundays, April 15 - June 10 (No class May 27)

**Time:** Mommy/Daddy & Me (Ages 2 to 3.5) 1:30 - 2:00 PM  
 Tot Soccer (Ages 3.5 to 4) 2:10 - 2:40 PM  
 Pre-Soccer (Ages 4-5) 2:40 - 3:15 PM  
 Soccer 1 (Ages 5-6) 3:15 - 4:00 PM

**Cost:** \$76

**Site:** Daffodil Valley Sports Complex  
 (Behind Daffodil Valley Elementary)

**• Kidz Love Soccer Skillz & Scrimmages & Match Play**

Enjoy advanced skill building, dribbling, passing and shooting in a team play format. New teams are formed each class which encourages players to develop individually in a variety of positions with different team mates. Taught by Kidz Love Soccer staff. Shin guards required. Min. 12 Max. 30  
 Call (888) 372-5803 for rain-out information.

**Registration Deadline: April 11**

**Dates:** Sundays, April 15 - June 10 (No class May 27)

**Time:** Soccer Skillz & Scrimmages (Ages 7-10)  
 4:00 - 4:45 PM  
 Kids Love Soccer Match Play (Ages 10-12)  
 4:45 - 5:45 PM

**Cost:** \$85 Includes jersey, please select size.

**Site:** Daffodil Valley Sports Complex  
 (Behind Daffodil Valley Elementary)



**• Pee Wee Indoor Soccer - Ages 3-8**

This is a fun coed program with three divisions offered: 3/4 year old division, 5/6 year old division and 7/8 year old division. Score is not kept and the emphasis of this program is fun! Practices will be held on Saturdays: 3/24 & 3/31. Five games are played on Saturdays; 4/7 - 5/26.

**Registration Deadline: Friday, March 9**

**Cost:** \$40 residents/\$45 non resident

**Site:** Daffodil Valley Elementary or Robert Miller Gym

**• Home School PE - Ages 5-13**

This is an opportunity for home school students to get together, play and learn basic skills in a variety of team sports and group games.

**Dates:** Fridays, April 20 - June 15

**Time:** 10:10 AM - 11:00 AM (Ages 5-7) Max. 10  
 11:10 AM - 12:10 PM (Ages 8-13) Max. 18

**Cost:** \$45

**Site:** Robert Miller Gym  
 15206 Daffodil Street Ct. E, Sumner

**• Spring Break Day Camp - Grades K-5**

Looking for something fun for your children to do during spring break? Join us for spring break! Children will enjoy games, puzzles, arts & crafts, and more! Bring a sack lunch each day. An afternoon snack is provided. Minimum of 15 for camp to run. Come for a day or the entire week. **Pre-register by March 30.**

**Dates:** April 9 - 13

**Time:** 6:30 AM - 6:30 PM

**Cost:** \$25 per child per day

**Site:** Robert Miller Gym  
15206 Daffodil St. Ct. E, Sumner



**• NEW! Girls Fastpitch Camp - Grades 3-8**

Join Bonney Lake High School Fastpitch Coach, *Andrew Sage*, his coaching staff and players. Camp will focus on both offense (hitting, bunting, slapping) and defense (catching, infield and outfield) as well as pitching.

**Date:** Saturday, March 24

**Time:** 9:00 AM - 1:00 PM

**Cost:** \$35 Includes T-shirt

**Site:** Bonney Lake High School Fastpitch Field  
(If raining, camp will be held in Gyms A & B)

**• Roach Tumbling & Gymnastics-Ages 2-12**

Roach gymnastics coaches instruct safe, fun gymnastics designed for beginners and beginner plus gymnasts to develop skills at their own speed. Attire: T-shirt tucked into shorts or a leotard, no zippers. Hair should be tied back in a low ponytail.

**Toddlers:** (Ages 1-3 years old) This fun, high-energy program will teach coordination through music, scarves, bean bags, and balls. Parent participation required. Min. 4 Max. 10

**Preschool/Kindergarten:** (Ages 3-1/2 to 5 years) This fun program works on motor development. Includes tumbling, movement exploration, parachute, ball activities, music & games. Min. 4 Max. 8

**Youth:** (Ages 5-1/2 to 12 years) Learn basic gymnastics including cartwheels, handstands, rolls and basic beam while having lots of fun. Those with previous experience will continue developing their skills. Min. 4 Max. 10

**Days:** Saturdays

**Dates:** Session 1: April 7 - May 5

Session 2: May 12 - June 9

**Times:** Toddlers & PS/K: 10:00 - 10:45 AM

Youth: 11:00 - 11:55 AM

**Cost:** \$50 per session

**Site:** Roach Gymnastics  
1627 45th Street E, Bldg. D-103, Sumner



**• NEW! Ballet/Jazz Dance - Ages 4-6**

This fun class teaches proper dance techniques. Dancers will spend 30 minutes in ballet learning body placement, gain strength and flexibility, increase range of motion and coordination. The last 30 minutes are devoted to basic steps and terminology of jazz. . Come learn the art of dancing. A small performance will take place at the end of the session. Required attire: leotard and ballet shoes. Instructor: *Jenni Wolfe* Min. 10

**Days:** Saturdays

**Dates:** April 7, 14, 21, 28, May 5, 12, 19, June 2, 9

**Time:** 11:00 AM - 12:00 PM

**Cost:** \$60

**Site:** Mountain View Middle School Commons

**• Coming Soon...Action Day Camp 2012 for Grades K-5!**

Summer is just around the corner and that means it is time to start thinking about your summer plans. Summer day camp begins June 20. Weekly activities include field trips, theme based activities, arts, crafts, games and loads of fun. Learn new games, make new friends and have the best summer ever! Field trips this summer include Pt. Defiance Zoo, Museum of Flight, Northwest Trek and more. Registration Begins in April. Action Day Camp fills quickly, don't be left out of the fun!

For further details call (253) 891-6500 or visit us on the web at [www.sumnersd.org/studentfamilyservices/parksrecreation/](http://www.sumnersd.org/studentfamilyservices/parksrecreation/)

**• Safe At Home - Ages 8-12**

This course prepares youth to respond safely to a variety of situations when direct parental supervision is unavailable. Includes role play door/visitor, phone safety, gun and internet safety, house keys, personal safety, first aid and family communications. Learn to be a capable kid. Min. 8 Max. 30

**Date:** Saturday, May 19

**Time:** 3:00 - 5:00 PM

**Cost:** \$30

**Site:** Sumner High School Room 3A



**• Off Broadway, Ages 6-12**

*It's A Jungle Out There!* King Leo is the victim of the corporate jungle! He has money, power and fame, but he still has not found happiness. His trusty servants, Spots and Stripes, begin a quest for the key to happiness. Do the monkeys or cheetahs have an answer? Maybe the hyenas? Or perhaps the secret lies with the elephants. Instructor *Judy Shufelt* has a Bachelor's degree in Fine Arts and is a certified K-12 teacher. Min. 10

**Days:** Mondays & Wednesdays

**Dates:** April 30, May 2, 7, 9, 14, 16

**Time:** 6:00 - 7:30 PM \*Performance at 6:30 on May 16

**Cost:** \$65

**Site:** Lakeridge Middle School Commons

**•Hill & Valley Track Club- Ages 5-18**

Join Coach *James Henderson* to learn running techniques, improve your form and speed, get an edge on the competition and train for your future track career. Club participates in the Park Olympic meets at Sparks Stadium on Wednesdays in June and July, Hershey Qualifier, and for more advanced athletes, Junior Olympics. Contact Coach Henderson for additional details at [hillandvalleytrack@yahoo.com](mailto:hillandvalleytrack@yahoo.com)

*Transportation & USATF Cards are not provided.*

**Mandatory Parent/Athlete Orientation:** March 12 at 7:00 PM at Bonney Lake High School Commons.

**Days:** Basic - Wednesdays & Thursdays

Competition - Monday/Wednesday/Thursday

\*in June Wednesday practice moves to Tuesdays

**Dates:** March 19 - July 29

**Times:** 5:30 - 7:30 PM

**Cost:** \$85 Basic (includes T-shirt)

\$160 Competition (includes T-shirt/competition gear)

**Site:** Bonney Lake High School Track

**• Super Sitters Babysitting Class-Ages 11-16**

Come for a day of fun while learning important skills for earning your Red Cross Babysitter Certification card. Class covers supervision and play with children of various ages, basic first aid, safety precautions, accident prevention and emergency skills. Get some great ideas for your own Super Sitters kit full of games and activities. Bring a sack lunch and snack to class. Min. 8 Max. 24

Date: Saturday, May 19

Time: 9:00 AM - 3:00 PM

Cost: \$65

Site: Sumner High School Room 3A

**• NEW! Bonney Lake Wrestling Club - Ages 4 to Adult**

This competition-based freestyle, Greco Roman and Folkstyle wrestling club is for intermediate to advanced wrestlers. Wrestlers will train in a focused, positive, family oriented environment that will help everyone exceed on and off the mat. Coaches include Freestyle and Roman Greco National Champions. Includes T-shirt.

Wrestlers must have a USA Wrestling Card to participate in tournaments. To obtain a membership card, visit: <http://www.usamembership.com/>

Days: Tuesdays & Thursdays

Dates: March 6 - July 12 \*Practices may change in June

Time: 7:00 - 9:00 PM

Cost: \$20 Does not include tournament fees.

Site: Bonney Lake High School Gym

**• Isshin-Ryu Karate**

A Martial Arts and Self-Defense program that is designed for children 2nd grade through adult. Learn basic kicking, punching, blocking & self-defense techniques and develop self-discipline, self-confidence and positive self-esteem. Additional fees charged for testing & uniforms. Class runs month to month. New students must start on the first Tuesday or Thursday of the month. Instructor: *Dennis Furiga*, Shodan in Isshin Ryu, Sandan in American Karate.

Days: Tuesdays & Thursdays

Times: Beginner Class 7:00 - 8:00 PM  
Advanced Class 8:00 - 9:00 PM

Cost: \$40 per family or \$30 per person per month

Site: Robert Miller Gymnasium



**• Sumner Judo Club - Ages 6 to Adult**

Judo is a Japanese martial art and Olympic sport which utilizes throwing, grappling and submission techniques. These techniques are effective for self-defense or sport application. Students interested in competition, will have the opportunity to compete in local tournaments when instructors decide that they are ready. This monthly, ongoing class is great for developing self confidence, flexibility, and balance. Instructors are *Gordon Bowman* - Godan and *Rich Hanson* - Nidan. New students must start on the first Wednesday or Friday of the month.

Days: Wednesday & Friday

Times: 7:00 - 8:00 PM

Cost: \$30 per family/\$20 per individual

Site: Robert Miller Gym

**• Coed Middle School Tennis - NEW!**

The Sumner/Bonney Lake Recreation Department is proud to offer a Middle School Tennis program which replaces the extra-curricular after school program from previous years. This program is open only to Sumner School District students in grades 6-8. Competitions/tourneys will occur in late afternoons/evenings. Transportation is not provided.

Completed registration form signed by parent/guardian along with payment is required at time of registration with the Recreation Department. Signed concussion forms are also required. Participation minimums and maximums will be implemented.

For additional information regarding sports clearances and eligibility forms, please contact your middle school Athletic Director.

Sumner Middle School - Jill Soholt (253) 891-5000

Lakeridge Middle School - Tim Luring (253) 891-5100

Mountain View Middle School - Dave Rumpza (253) 891-5200

Dates: April 2 - May 24 (three to five days per week)

Cost: \$95

Site: Lakeridge Middle School, Sumner Middle School or Mountain View Middle School tennis courts

**• After School Elementary Sport Camp - Track**

This camp is open to Sumner School District students in the 4th or 5th grade only. Certified teachers or student teachers will teach fundamental skills track basics. A sports physical is not required. A completed registration form signed by parent/guardian along with payment is required at the time of registration. Signed concussion forms are also required. Participation minimums and maximums will be implemented. The seasons culminates with a jamboree at Sunset Stadium on May 16. (Coaches will notify of times) Includes T-shirt. Transportation not included.

Days: Mondays, Tuesdays & Thursdays

Dates: April 3 - May 16 (No camp April 9, 10, 12)

Time: Directly after school for 90 minutes

Cost: \$45

Site: At your elementary school

**• Dog Obedience Training**

Does your dog jump up on people or doesn't come when called? It's time for obedience training! Dogs must be at least 3 months old with vaccination record. All family members are welcome to attend. *Instructor: Jim Grasley*

**Basic Training:** Techniques to get your dog to be polite and well behaved. Review of household manners, management techniques and common problems such as jumping up, digging and chewing. Cues such as *Down, Stay, Give, Settle, Come, Leave It, Sit* and Loose-lead walking will be taught.

**Intermediate Training:** For all dogs that have completed the Basic course or have instructor's permission. Builds on previous learned behaviors and new cues will be added.

Dates: Saturdays

Class 1: March 24, 31, April 21, 28, May 5, 12

Class 2: May 19, 26, June, 2, 9, 16, 23

Time: Basic: 3:00 - 4:00 PM

Intermediate: 4:00 - 5:00 PM

Cost: \$90 per dog

Site: Robert Miller Gymnasium (indoors)  
15206 Daffodil Street Ct. E, Sumner

**• Open Gym for Children on the Autism Spectrum**

This parent and/or personal therapist led activity in an open gym format is designed for children ages 3-12 years on the autism spectrum. Enjoy the entire 11,000 s/f gym filled with safe, age-appropriate gymnastics equipment plus a zip-line, climbing rope and more! Wear comfortable clothing free of zippers. Min. 4

Days: Saturdays  
Dates: Session 1: April 7 - May 5  
 Session 2: May 12 - June 9  
Time: 9:00 - 9:45 AM  
Cost: \$25 per session  
Site: Roach Gymnastics  
 1627 45th St E, Bldg. #D103, Sumner

**• 3rd Annual Adult Flashlight Egg Hunt**

Brave the mad dash of other "big kids" such as yourself and join us for our *3rd Adult Flashlight Egg Hunt!* With over 2,000 eggs to find, you will have a chance to win prizes such as gift cards, spring gift items, soda, chips, candy and MORE! Event will take place rain or shine.

Date: Saturday, April 7  
Time: 9:30 PM (Line up starting at 8:30 PM)  
Ages: 18 and older only  
 Children will not be allowed in the hunt area  
Cost: \$5 per person  
Site: Allan Yorke Park Field #4  
 Across street from snack shack and rest rooms




**ADULT FITNESS CLASSES**

**• NIA**

Nia is a non-impact fitness class combining dance, martial arts and healing arts. It is a dance class adaptable to all ages, body types and fitness levels. "Through movement, we find health" is the NIA philosophy. Join us and find the joy of moving in your body while improving your health, fitness and sense of well-being. *Instructor: Stacey Lawrence*, Licensed NIA teacher.

Days: Tuesdays and Thursdays  
Dates: Session 1: March 1 - 27  
 Session 2: April 3 - 26  
 Session 3: May 1 - 29  
Time: 5:45 - 6:45 PM  
Cost: \$35 per session  
Site: Mountain View Middle School Commons



**Open Weight Room at Sumner High School**  
 Monday & Thursday 5:30-7:00 PM  
 Must be 18 or older!  
 Well supervised by Dave Hirano who also provides a personal program based on your goals & objectives.  
 \$3 per visit

**ADULT FITNESS CLASSES**

**• Pilates - New Instructor!**

Pilates is a low-impact body conditioning exercise that targets the deep postural muscles of the body. Pilates promotes increased strength, flexibility, circulation, coordination and stamina. Improved posture and proper body alignment are also benefits of participation in the Pilates system. Instructor *Jenni Wolfe* is BAS I Pilates certified and has taught Pilates for 6 years and group fitness classes for 20 years. Bring a mat or thick towel to class. Min 10

Days: Tuesdays & Thursdays  
Dates: April 17 through May 24  
Time: 12:30 - 1:30 PM  
Cost: \$ 60  
Site: Robert Miller Gym  
 15206 Daffodil St. Ct. E, Sumner

**• Zumba Fitness**

Zumba is a Latin inspired, calorie burning fitness program that is sweeping the world! Zumba fuses Latin rhythms with easy to follow Salsa, Cumbia and Merengue dance steps in an effective workout regime. You won't believe how much fun exercise is until you try it! Zumba is a great workout for beginners and also includes modifications for every level of fitness. Join us to get fit and have fun too! Class registration is by punch card which gives you the option to attend classes at your convenience.

Days: Thursdays  
Dates: Mar. 8, 15, 22, 29, Apr. 5, 19, 26, May 3, 10, 17, 24, 31  
Time: 6:30 - 7:30 PM  
Cost: Punch card options, first class is free. Drop in \$7  
 \$25 for 5 classes, \$35 for 8 classes, \$50 for 12 classes  
Site: Lakeridge Middle School Commons  
 5909 Myers Road E, Bonney Lake

Make sure to sign up for current e-mail information, class schedule changes and special events: [www.cczumba.com](http://www.cczumba.com)

**• PiYoga- Ages 18+**

PiYoga is a class designed for mainstream fitness. This unique format combines Pilates, Yoga, strength conditioning, flexibility and dynamic balance in an up tempo, non-spiritual approach to mind/body exercise. An ideal format for beginners to advanced with modification options to suit your needs. Bring a yoga mat.

*Instructor: Bre Jeffries* Min. 8 Max. 24  
Days: Thursdays  
Dates: March 8 - May 24 (No class April 12)  
Time: 6:45 - 7:45 PM  
Cost: \$55  
Site: Daffodil Elementary Multi Purpose Room  
 1509 Valley Avenue, Sumner



**• Bosu Fitness - Ages 16 to Adult**

Gain the benefits of functional, strength, core and cardio training. Bosu workouts are a quick and effective way to shape up, improve your appearance and overall fitness/sports performance. White soled shoes only. Instructor: *Linda Kent* Min. 4

Days: Tuesdays and Thursdays  
Time: 7:00 - 8:00 PM  
Class 1: April 3 - 26  
Class 2: May 1 - 31  
Cost: \$39 per class  
 Both class sessions \$59  
Site: Sumner Tae Kwon Do Academy  
 15715 Main Street E, Sumner

**• Adult Coed Soccer**

Teams will play 8 league games on local fields beginning the first week of April. Games will be held on Sundays throughout the day. League fees will include officials, field prep/lights and play-offs for qualifying teams. Home team will furnish the game ball. Three divisions offered: Competitive, Rec-Open and Rec-Over 30. The Rec-Open and Rec-Over 30 will be combined if not enough teams. Teams will need to field 5 women and 5 men - goalie can be either gender. Players must be at least 18 years of age and out of high school. Maximum of 16 teams.

**Registration Deadline:** March 13 for league fees and roster.

**Team Fees:** \$500 (80% within Sumner/Bonney Lake)  
\$535 (Teams outside Sumner/Bonney Lake)  
**Other:** \$100 deposit will hold spot until deadline  
\$25 Late fee/registration after deadline

**• Adult Coed Dodgeball**

This coed league is open to beginners and returning players alike. You must have a minimum of 3 women on the court at start of games. Players must be at least 18 years old and out of high school. Teams must have same color T-shirts or jerseys. Games begin the week of April 16.

**Registration Deadline: April 2**

**Days:** Sundays  
**Team Fees:** \$200 (80% of team live in Sumner/Bonney Lake)  
\$240 (Teams outside of Sumner/Bonney Lake)  
**Other:** \$100 deposit will hold spot until deadline.  
\$25 Late fee after registration deadline  
**Site:** Robert Miller Gym  
15206 Daffodil Street Ct. E, Sumner

**• Adult Coed Volleyball - "Call Your Own" League**

All Players must be 16 years or older with all players under 18 requiring parental consent. Teams will consist of 3 men and 3 women (you may have up to 12 players on your roster). High school volleyball rules will be in effect (rally scoring, first touch, etc.) League will be played from 6:15 to 8:00 PM. Teams will play 14 matches (typically two per night). League play begins May 1. If there is enough interest, we will run more than one division. First place team receives championship T-shirts.

**Registration Deadline: Monday, April 16**

**Days:** Tuesdays or Thursdays  
**Cost:** \$175 (80% of team live in Sumner/Bonney Lake)  
\$200 (Teams outside of Sumner/Bonney Lake)  
**Site:** Local middle school or high school gyms



**• Men's Spring Slowpitch**

Teams will play 10 league games plus playoffs for qualifying teams on local fields beginning the week of April 16. Two divisions are offered: Competitive & Recreational. Games will be played on either Mon/Wed or Tue/Thur and are officiated by USSSA officials. Players must be at least 18 years of age and out of high school.

**Registration deadline:** March 28 for league fee & roster.

**Team Fees:** \$535 (80% of team live in Sumner/Bonney Lake)  
\$560 (Teams outside Sumner/Bonney Lake)  
**Other:** \$100 deposit will hold spot until deadline.  
\$25 Late fee/registration after deadline



Sumner/Bonney Lake Aquatics leases the Sumner High School swimming pool from the Sumner School District. SBLA operates and maintains the pool independently of the Sumner School District. For pool schedules, programs and additional information: visit the Sumner/Bonney Lake Aquatics Web site at: [www.sumnerbonneylakeaquatics.org](http://www.sumnerbonneylakeaquatics.org) or call (253) 891-5550

**4th Annual Princess Event**

*Thank you to the following who made the Princess Tea & Dessert so successful: Sumner Starbucks, A Simple Wish, Albertson's & Sumner High School Cheer Squad*



**15th Annual Father/Daughter Dance**



The Cities of Sumner, Bonney Lake and the Sumner School District Recreation Department would like to *Thank* the following businesses for their support and contributions our Annual Father/Daughter Dance:

Sportraits Photography, Sumner Meadows Golf Links, Daffodil Bowl, Bonney Lake Wal-Mart, Roach Gymnastics, DeGoede Brothers, LLC, Bonney Lake Albertson's, Rebecca Giles & Nicholson's Pharmacy

**• The Giving Tree/Christmas Wish Program**

We want to extend a heartfelt thank you for all the gifts that were donated for our Giving Tree. The Sumner Family Center helped distribute gifts to 1,321 children within the Sumner School District. Thank you for brightening the holidays for these children and their families!



**The City of Bonney Lake**

Upcoming events in the City of Bonney Lake include a free Kid's Easter Egg Hunt on Saturday, April 7 at Allan Yorke Park and a Parks Appreciation Day on Saturday, April 21  
Visit: [www.ci.bonney-lake.wa.us](http://www.ci.bonney-lake.wa.us) or call (253) 862-8602 for more information



**Summer Community Gardens**

Grow your own organic produce while making great memories with your children. Various plot sizes available between \$10 and \$50. Get your plot before they are all gone!  
For more information: [www.ci.sumner.wa.us](http://www.ci.sumner.wa.us) or Call (253) 299-5798

## 2012 Spring Registration Form

Mail In

Walk In

Fax/Phone In

**Clip & Return To:**  
 Sumner/Bonney Lake Rec. Dept..  
 1202 Wood Avenue  
 Sumner, WA 98390

**Robert Miller Gymnasium:**  
 Located behind Daffodil Elem. School  
 (15206 Daffodil St Ct E Sumner)  
 Open 8:00 AM - 5:00 PM Mon. - Fri.

**Fax: (253) 891-6515** Fax complete registration form and include Visa/MC info. If you prefer, you can call in your V/MC **after** faxing your form. Phone: (253) 891-6500

Parent or Guardian Full Name: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_  
 E-mail (optional): \_\_\_\_\_

Reside In:  Sumner School District Boundaries  \*Bonney Lake City Limits  \*Sumner City Limits  
 \*Unincorporated Pierce Co. (Add \$5)  \*Other (Add \$5)

\* \$5 must be added to each class fee for all students who do not attend (or live within) Sumner School District

Participants Full Name	Age	Grade	School	Sex	Session #	Activity Description	\$\$ Fee \$\$

If Applicable, would you like to coach? \_\_\_\_\_ Coach/Friend Request \_\_\_\_\_

**Please check appropriate T-shirt size: (sports, camps, and clinic participants)**

\_\_\_\_\_ Youth X-Small (2-4) \_\_\_\_\_ Adult Small (34-36)  
 \_\_\_\_\_ Youth Small (6-8) \_\_\_\_\_ Adult Medium (38-40)  
 \_\_\_\_\_ Youth Medium (10-12) \_\_\_\_\_ Adult Large (42-44)  
 \_\_\_\_\_ Youth Large (14-16) \_\_\_\_\_ Adult X-Large (46-48)

NOTE:  
T-shirts tend to run small

**Total** \_\_\_\_\_  
**Hardship Donation \$** \_\_\_\_\_  
**\*Non-Resident Fee \$** \_\_\_\_\_  
**Total Amount Enclosed \$** \_\_\_\_\_

**Payment Options: Please select one from the following**

Cash  Check (Make Checks Payable to Sumner/Bonney Lake Recreation Department)  
 MC/VISA Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 \*If using a credit card, please sign here: \_\_\_\_\_



I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury, I do hereby waive all claims of legal actions, financial or otherwise, against the City of Sumner, the City of Bonney Lake or the Sumner School District. In absence of signature, payment of fee and participation in the program shall constitute acceptance of the conditions set forth in the release. I grant full permission to use any photographs, video tapes, motion pictures, recordings, or any other records of this program for promotional purposes.

**Signature of Participant or Parent/Guardian if Participant is under 18 years of age** \_\_\_\_\_

*\*Donations are gratefully appreciated in order for us to help those in need to participate in our offerings. Thank you very much!*

Office Use Only: \_\_\_\_\_

### Registration Procedures/Policies

- Select class(es), complete registration form, and sign up to secure your spot early! Please include all information requested in order to assure being assigned correct class/program.
  - Either mail, fax, or walk in your registration form.
  - No confirmations or receipts will be sent.
  - Registrations will be processed on a first-come, first-served basis. Please do not wait to send in your registration form. For mail in registrations, your cancelled check will be your receipt. If the class is full when we receive your registration form, we will call you.
  - Classes are subject to cancellation if minimum enrollment is not met. If class is postponed, rescheduled, or cancelled, **full refund will be made**. If class is **NOT** postponed, rescheduled or cancelled then a \$10 processing fee is charged for refunds.
  - There will be a \$25 service charge for all checks returned NSF.**
  - No refund will be given after half of the program is over.
  - Call us at (253) 891-6500 for financial help if you cannot participate due to hardship.
  - The class schedule is published for information purposes only. The Recreation Department reserves the right to make any necessary changes in the content and provision of the class schedule without notice.
  - All program fees include applicable sales taxes.
- \*To qualify for a Resident Fee, families & youth must live within Sumner School District boundaries. All other addresses are considered Non-Residents which require an additional \$5.00 fee per offering.**

#### Please Register Early!

Classes may be cancelled when there are not enough participants signed up.  
 Coming in the day the class is scheduled to begin will not save the class . . .  
 so please register early!

Your Recreation Staff  
 Rebecca L. Giles, Director  
 Alex Latham, Department Secretary  
 Rich Hanson, Recreation Specialist  
 Laura Zerr, Recreation Specialist  
 Registration/information e-mail address:  
 alexis\_latham@sumnersd.org

Donations are gratefully appreciated in order for us to help those in need to participate in our offerings.  
 Thank you very much!

#### PHONE NUMBERS OF INTEREST

Sumner Schools/Administration-----891-6000  
 Sumner Schools/Athletic Scheduling-----891-5555  
 City of Bonney Lake-----862-8602  
 City of Sumner-----863-8300  
 Sumner/BL Little League-----863-1070  
 Sumner Family Center-----891-6535  
 Sumner Swimming Pool-----891-5550  
 Sumner Meadows Golf Course-----863-8198  
 Valley Wolfpack Football-----330-7823  
 Sumner Soccer Club-----www.sumnersoccer.org